

## ACTIVITY CALENDAR

### APRIL

**\*Newspaper &  
Coffee @ 9:30  
Mon – Fri &  
Sat @ 10:00**

**\*Exercise every  
Tuesday and  
Thursday  
@ 10:30**

**\*Gospel Sing  
Along every  
Tuesday @ 1:30**

**\*Library Time  
with Preschool  
Wednesdays @  
10:30**

**\*Java Memory  
Care Tuesdays  
@ 3:00**

**\*BINGO is every  
Wednesday  
@ 1:30**

**\*Pastor Keith  
visits every  
Thursday @ 2:00**

**\*Ice Cream  
Social every  
Friday  
@ 1:30**

**\*Every Sunday  
@ 2:00 local  
Church Service  
on the 3rd floor**

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# Ketchikan Pioneer Home

VOLUME 16, ISSUE 4

APRIL 2018

## Greetings from the Administrator

Our grant application was approved! Thanks to the Ketchikan Community Foundation, an affiliate of The Alaska Community Foundation, and our own KPH Foundation Board who agreed to support the residents in their request of a hydroponics system. This system will allow us to grow herbs and vegetables year round and is much more accessible than a green house. The equipment is made by an Alas-

kan company called The Sunny Gardens and it is portable so the residents will be able to wheel it where ever they decide to garden. This hydroponics system will be the perfect intergenerational activity as the residents and preschool students garden together. One of the best parts is that the kitchen crew is also on board and looking forward to helping grow our very own herbs and vegetables which we hope to incorporate into our reg-

ular menu so we can all make healthier choices and stay strong longer. The budget talks in Juneau may seem gloomy but thanks to a very generous donation from the Ketchikan Community Foundation & Alaska Community Foundation we have so much to look forward to this Spring.

*Julie Sande,*  
Administrator  
228-3362



## Trini's Next Adventure

After 26 years of dedicated service, Trini Purschwitz has decided to take a break (for now.) Though she is retiring from State service we recognize it is unlikely that Trini will ever be able to sit for very long. We are all going to miss her at the KPH and as instructed we will NOT be having a celebration in her honor, but we will be randomly gathering in the Great Room @ 2:00 on April 26th to share our favorite Trini stories and we hope after she completes her last round of resident care that she will choose to join us for a little cake and maybe a few hugs and well wishes for a well deserved happy and healthy retirement. Please join us!



## APRIL FAMILY & FRIENDS DINNER



This is our LAST Family & Friends Dinner of the season so please mark your calendars for the KPH April Dinner at 5:00 p.m. on Thursday, April 19th. We hope to see all of our friends and family for our final dinner before we all get busy with summer fun.

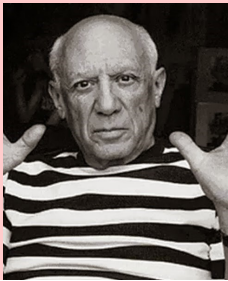
### Menu

Sweet Potato Soup  
Maple Glazed Ham  
Scalloped Potatoes  
Fresh Dinner Rolls  
Strawberry Short Cake

Please contact Hilary at 228-3372 or e-mail her at [hilary.koch@alaska.gov](mailto:hilary.koch@alaska.gov) to reserve your table before Monday, April 16th.



Everyone loved live music from A String and A Prayer during the March St. Paddy's day dinner.



*Every child is an artist. The problem is how to remain an artist once we grow up.*  
~ Picasso

## WEARABLE ART DINNER

The KAAHC Wearable Art show is one of our communities most anticipated events. Each year the residents talk about ways we might be able to participate but the logistics seem to get the best of us and we have not been able to figure it out. But

Thanks to KAAHC, Tandra Thompson, and husband of the year, Leif Thompson, we were positively delighted to have some models and artists joins us for the March Family Dinner. The residents loved seeing the creations!



## OREO FUN



Special thanks to Arlene, our Food Service Manager and NMS for reminding us that we are never too old for cookies and milk.

Did you know that March was National Oreo Cookie month? We did! And

together we shared multiple flavors of Oreo cookies and Oreo milkshakes & reminisced about our favorite cookie flavors. One thing we all agreed on was that cookies and milk make every rainy afternoon so much better.



# KPH IDITAROD WINNERS



We may not be able to get out on the trail in the same way we might have in our youth, but that doesn't stop us from participating in the

Iditarod Trail Sled Dog Race. Residents and Staff are randomly assigned a musher and team and each day we chart their progress on a results board. More than a few of us grumbled as the bad weather and poor visibility dashed our hopes and dreams of victory, but such is the nature of the last great race

and we were gracious losers as we gathered to celebrate the victors. Congratulations to big winner Alan Fabros who won a new truck! And top honors also go to Hilary, Arlene and Residents, Helen, Larry and Dottie!



## KPH FOUNDATION NEWS

Thank you KPH Foundation! This has been a busy month for our Foundation as they helped us complete the PCG application for next year which to date has awarded the KPH Foundation, \$5,700 which the Foundation has spent on the residents. In addition the Foundation also applied for the hydroponic system on our behalf and was awarded \$7,420 to purchase the new equipment. If you see a member of the Foundation today please give them a big hug for all they do for us behind the scenes!



**In March the Foundation funds helped us celebrate lots of fun festive days including birthdays and Easter.**



*Bob Sivertsen*

*Alaire Stanton*

*Nerissa Buendia*

*Bill Moran*

*Ed Zastrow*

*Ann Thompson*

*Terry Wanzer*

*Fred Monrean*

*Sherrie Slick*

*Ray Hendricks*

*Jo Carol Macmillan*

**Please join us for a Baby Shower in honor of Clancy Price who is about to become a Great Grandpa for the first time! We will be celebrating the much anticipated arrival of our smallest KPH resident on Friday April 6 @ 1:30 in the Great Room. Little Delana Price is due to arrive in 3 weeks and we are so excited.**







# KPH

## Activity Calendar Continued...

Ketchikan Pioneer Home

141 Bryant St.

Ketchikan AK 99901

Phone: 907-228-3372

Fax: 907-225-4115

**Alaska Pioneer Home Mission Statement: Elder Alaskans a home and community, celebrating life through its final breath.**

- 4/02 Foundation Lunch @ noon
- 4/05 Garden Club @ 2:00
- 4/06 Baby Shower for Grandpa Clancy
- 4/07 Group Crossword with Jim @ 1:30 in Gardenview
- 4/09 Resident Council @ 1:30 in the Great Room
- 4/10 Karaoke @ 6:00 p.m.
- 4/12 Garden Club @ 2:00
- 4/14 Group Crossword @ 1:30
- 4/18 Monthly Birthday Party with Pioneers of AK @ 2:45
- 4/19 Family & Friends Dinner @ 5:00
- 4/20 Volunteer Appreciation @ 1:30
- 4/21 Tea Party with Pioneers of AK @ 1:30
- 4/25 Lady Bug Visit @ 2:30
- 4/26 Best Wishes Trini @ 2:00
- 4/27 Sing Along with Diane Fast
- 4/28 Group Crossword with Jim in Gardenview



## ROTARY BINGO

Special Thanks to Chelsea Goucher and members of the Ketchikan Rotary Club for hosting a BINGO night on the 3rd floor of the KPH. The residents love any excuse to play BINGO - an evening of prizes and laughter while reconnecting with some old friends is always a good night. As many of you know the Rotarians continue to sponsor events and activities throughout our entire community and they are a huge supporter of our annual Pie Auction which is one of our primary KPH Resident Council Fundraisers. Thanks Rotary!



## Resident & Staff Birthdays

### Resident Birthdays

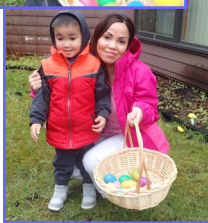
- 04/13 Oddie Johansen
- 04/18 Bonnie Marr
- 04/22 Catherine Bellon
- 04/30 June Oyler

### Staff Birthdays

- 04/09 Shermaine De Leon
- 04/12 Fred Aparici
- 04/18 LuAnne Mace
- 04/19 Marivic Rabacal

*"May all your future years be free from disappointment, care or strife, that every birthday you will be a little more in love with life."*

# EASTER FUN



Holy Moly! We found so many ways to have some Easter fun this month. We dyed Easter eggs, stuffed them with candy, participated in crafts, decorated the whole house with bunnies, daffodils, and spring colors and then we helped the kiddos hunt for treasures in the rain. A great big thank you to First Bank and the KHS softball team for helping with our celebration. Did you know that when student groups need to fundraise for their activity that First Bank hires them to volunteer at our activities? What a great way to help to our community!

# St. Patrick's Day Celebration



We celebrated St. Patrick's Day twice this month with an Irish ice cream social and an Irish family dinner. Our corned beef and cabbage was so tasty we even converted some non-believers. Everyone joined in the fun as we commenced "wearin' of the green" with sparkly hats and bow ties while we recited Irish lyrics and drank green beverages. If you ever find yourself wishing for a place to celebrate St. Patrick's Day, you should come join us at the KPH. We may not be Irish but we act like we are in March.